



Love birthing Group Classes 2019-2020

There are 4 classes in a set totaling approx. 15 hours of tuition and you will receive ongoing support before, between and after the classes.

An ideal time to start is 26 to 32 weeks of pregnancy but anytime between 20 and 35 is ok too. Jasmine runs regular sets of group classes on Friday mornings and Monday evenings at Babies and Beyond in Media City.

Here is the schedule from Oct 2019 – March 2020

Friday Mornings (4 classes) 10am – 2.30pm	Monday Evenings (4 classes) 6.30pm-10pm
<p>Nov</p> <p><i>Friday 1st Nov</i> <i>Friday 8th Nov</i> <i>Week off</i> <i>Friday 22nd Nov</i> <i>Friday 29th Nov</i></p> <p>Jan 2020</p> <p><i>Friday 10th Jan</i> <i>Friday 17th Jan</i> <i>Friday 24th Jan</i> <i>Week off</i> <i>Friday 7th Feb</i></p> <p>Feb/March 2020</p> <p><i>Friday 28th Feb</i> <i>Week off</i> <i>Friday 13th Feb</i> <i>Friday 20th Feb</i> <i>Friday 27th Feb</i></p>	<p>Oct/Nov 2019</p> <p><i>Monday 28th Oct</i> <i>Monday 4th Nov</i> <i>Monday 11th Nov</i> <i>Monday 18th Nov</i></p> <p>Jan 2020</p> <p><i>Monday 20th Jan</i> <i>Monday 27th Jan</i> <i>Monday 3rd Feb</i> <i>Monday 10th Feb</i></p> <p>March 2020</p> <p><i>Monday 2nd March</i> <i>Monday 9th March</i> <i>Monday 16th March</i> <i>Monday 23rd March</i></p>

Group Classes (approx. 8 couples) are AED 2200 per couple and that include all materials, books and MP3s, a goody bag and on going support from Jasmine.

Spaces get booked at least a month in advance so please let Jasmine know if you would like a space saved for you by emailing her at jasmine.collin@yahoo.com and please feel free to call her if you have any questions on 0501323669